



# Adult Consultation History

Your Name: \_\_\_\_\_

Your Main Complaint: \_\_\_\_\_

Any other Complaints: \_\_\_\_\_

How long have you suffered with this problem? \_\_\_\_\_

What have you tried to do to get rid of this problem that **DID NOT** work? \_\_\_\_\_

What do you do that makes this problem worse? \_\_\_\_\_

What gives you some temporary relief? \_\_\_\_\_

What is the pattern of this problem? Constant \_\_\_\_, Intermittent \_\_\_\_, Occasional \_\_\_\_, Cyclic \_\_\_\_

What is the effect it has on your body functions? \_\_\_\_\_

How did it start? \_\_\_\_\_

Are you on any type of medication? \_\_\_\_\_, Please list all: \_\_\_\_\_

Could your problem have been caused by an injury at work? \_\_\_\_\_

If yes, please give us the details: \_\_\_\_\_

Have you been involved in an auto accident? \_\_\_\_\_

Date of accident: \_\_\_\_\_

Any difficulties from this? \_\_\_\_\_

Is there any other information you would like us to know? \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_